

Fingal County Council, Age Friendly Strategy 2026 – 2030



Ireland/Fingal · Fingal County Council · Linda Ennis, Principal Community Officer

1 CONTEXT



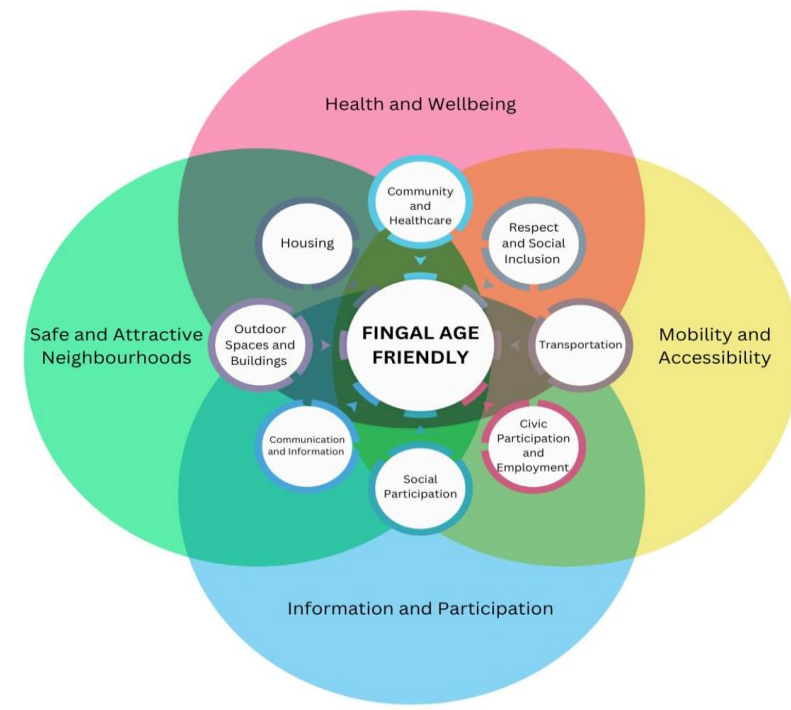
Fingal is one of Ireland’s fastest growing and most diverse counties, with a growing population of older people. The Fingal Age Friendly Strategy 2026 2030 builds on previous Age Friendly initiatives and was shaped directly by older residents through extensive consultation process involving 700 participants. The strategy reflects Fingal’s commitment to ensuring that older people remain active, healthy, connected and valued members of their communities.

2 PURPOSE AND SCOPE

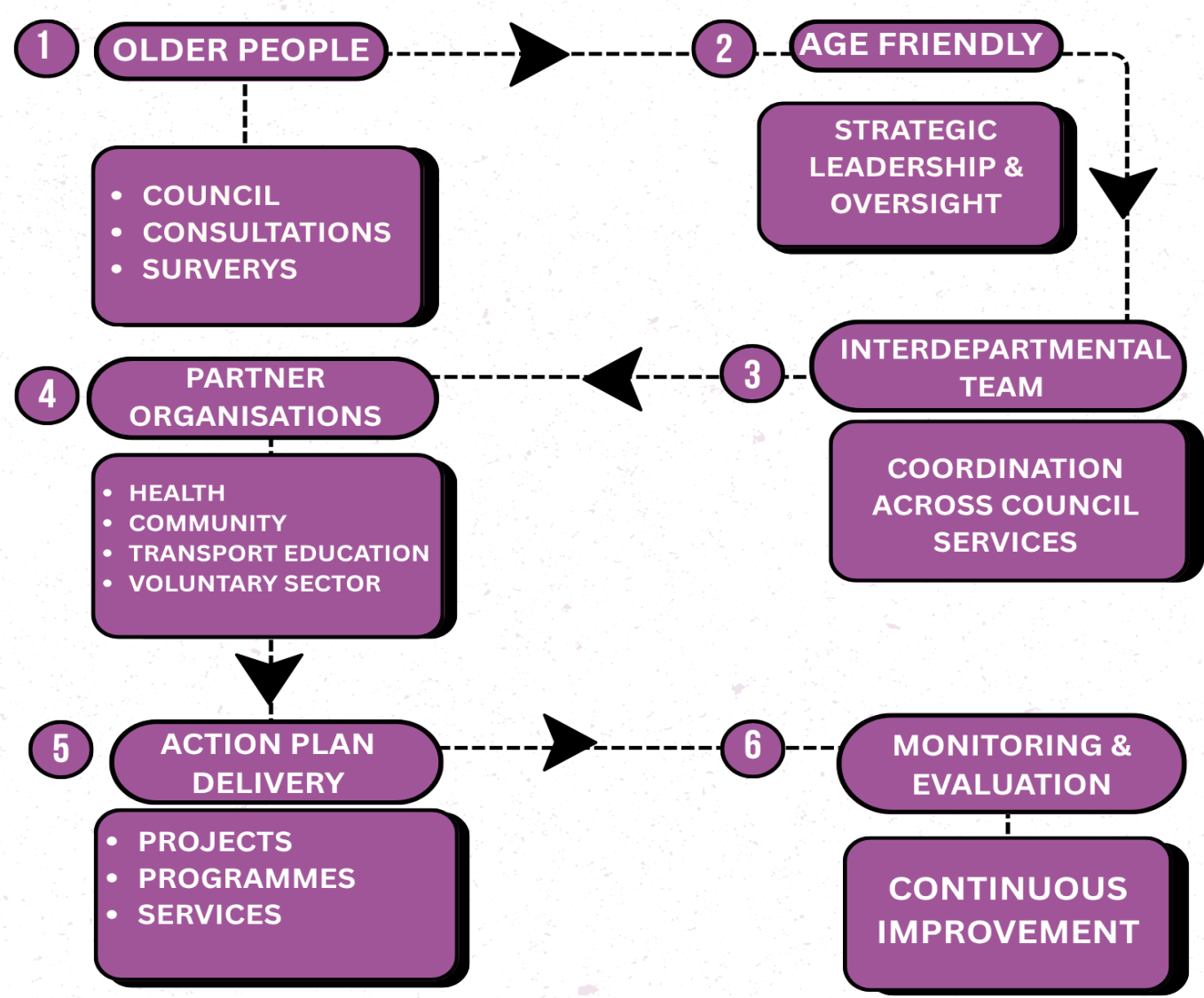
The strategy provides a coordinated framework for improving quality of life for older people in Fingal. It promotes healthy ageing, social participation, accessibility, inclusion and independence while addressing loneliness and social isolation through targeted, measurable actions. It aligns the actions of public, community and voluntary partners to create more age friendly environments and services.

3 MAIN ELEMENTS

- **Health & Wellbeing:** Supporting physical, mental and social wellbeing throughout later life
- **Information & Participation:** ensuring older people are informed, engaged and represented in decision making
- **Mobility & Accessibility:** Improving transport, walkability, public spaces and access to services
- **Safe & Attractive Neighbourhoods:** Creating environments that support ageing in place and independent living
- **Social Connections:** Reducing loneliness and isolation through community based initiatives and independent living



4 HOW THE POLICY INSTRUMENT WORKS



5 Results & Lessons Learned



KEY TAKEAWAY

Our Vision is that Fingal will be a county where older people are respected, included and empowered to live healthy, active and connected lives.

The Fingal Age Friendly Strategy demonstrates how meaningful engagement with older people, supported by strong partnerships and measurable actions, can create more inclusive, connected and resilient communities for people of all ages.

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