



FINGAL INTEGRATION

NORTH COUNTY AREA

JANUARY 2026

FINGAL INTEGRATION INFORMATION

Have you got questions around language, employment, education and health services?

The Local Authority Integration Team (LAIT) are here to help you integrate into Fingal.

Kate and Adrian host monthly Integration clinics and can help to signpost you on your next steps.

If there is no clinic in your centre you can email us at integration@fingal.ie

WHAT IS FINGAL?

Fingal County Council is the name of the local government for a large area north of Dublin City.

It starts in D15 and covers all the way to skerries.

Fingal's symbol is a raven. It can be seen across all the different council services.



WHAT TO FIND IN THIS NEWSLETTER

We aim to highlight what Fingal has to offer! Whether that's events or volunteering opportunities, everything will be free of charge.

The newest copy of our newsletters are also always posted on the [Fingal website](#).

CONNECT IN WITH FINGAL

For the latest information, follow Fingal County Council and Fingal Community Development office on social media:

- [@fingalcountycouncil](#)
- [@fingalcommunitydev](#)
- [@events_in_fingal](#)

HAVE SOME QUESTIONS?

Our inbox is always open to questions. If there's something you're unsure on, email us and we'll do our best to help.

Email: [Integration@fingal.ie](mailto:integration@fingal.ie)



Hello 2026!



Happy New Year from the Fingal Integration Office

Park Run – Weekly 5k

Start the New Year off on the right foot and join your local parkrun!

This is a community event where you can walk, jog, run, or volunteer. Each run is 5k and takes place every Saturday morning at 9:30am.

There are **two** locations in North County:

- Balbriggan - [Ardgillan Castle](#)
- Donabate - [Newbridge House](#)

Reading more 2026?

Make sure you're registered with your nearest library branch!

After signing up, you can access books, eservices and activities.

There's 5 branches in North County, find the closest to you here:

www.fingal.ie/fingal-library-network

Looking to Volunteer?

Fingal Volunteer Centre can help direct you to opportunities suited to you. You can email info@volunteerfingal.ie or call 01 899 1921 for more information.

Thinking about starting a course?

Part time courses are starting this month at Dublin College Balbriggan-Swords.

Check out the full course list at:
<https://mydublincollege.ie/>

Fingal Finds: Loughshinny

Have you visited Loughshinny yet? This seaside village is a perfect spot for a winter walk – or a cold swim if you are particularly brave !

The bus stop is on the main road between Skerries and Rush, and the beach is a 20 minute walk from the bus stop.

Nollaig na mBan

(Women's Christmas in Irish)

is an Irish tradition celebrated on January 6th. After their hard work over Christmas, it became tradition to give women a break from housework.

Roles were reversed and men took up these duties, while the women socialised and finished the Christmas Cake!