







FINGAL INCLUSION WEEK





Comhairle Contae Fhine Gall Fingal County Council



17th – 23rd November 2025

For more information visit:



#InviteIncludeInvolve





Arts and craft - Igbo Union Dublin

Ethnic community event on arts and craft

Location: Coolmine industrial estate

Date & Time: 15/11/2025 @ 2:00 pm - 5:00 pm

Contact: Achuachuobijiaku@yahoo.co.uk - 087 3802314

Thrive Active & Aware - Thrive Arch Club

Ultimate Frisbee and Brilliantly Wired Brains

Location: Corduff Sports Centre, D15 T861

Date & Time: 17/11/2025 @ 5:45 pm - 7:00 pm **Contact:** thriveclub15@gmail.com - 085 1065628

Introduction to new sports - Blakestown and Mountview Youth Initiative (BMYI)

The group of adults attend National Learning Network and Avista Service. They will all actively participate in physical education

Location: Blakestown and Mountview Youth Initiative CLG

Blakestown Road, Clonsilla, D15 HW53

Date & Time: 18/11/2025 @ 11am - 1pm **Contact:** jamesg@bmyi.ie - 0858763967

Healthy Sleep - Women's Shed Clonee

Sleep workshop for women in perimenopause and menopause

Location: Castaheany Community centre, D15 HX61

Date & Time: 18/11/2025 @ 7:00 pm - 9:00 pm

Contact: womensshedclonee@gmail.com - 085 8441129





Photography Evening - Saint Brigid's Photo Group

Guest Photographer Julie Smith & members' display

Location: Brigid's Community Centre, Church Avenue,

Blanchardstown, D15KX9E

Date & Time: 18/11/2025 @ 8:00 pm - 10:00 pm

Contact: Secretarysaintbrigidsphotogroup@gmail.com -

086 8211141

Parent & Carer Wellbeing Session - Parslickstown House

Self-Care, Yoga and Sound Bath for Parents & Carers with Special Needs (In collaboration with Tusla).

Location: Parslickstown House Ladyswell Road, D15 X2VW

Date & Time: 19/11/2025 @ 10:00am - 12:00pm

Contact: (01) 815 1779 - Booking Required

Inclusive Yoga - Castleknock Lawn Tennis Club

New to yoga? Try a class with Ciara from Greenwood Yoga

Location: Castleknock Lawn Tennis Club 1, D15 NY10

Date & Time: 19/11/2025 @ 9.30am-10.30am & 7:00 -8:00pm

Contact: office@cltc.ie - (01) 8210423 - Booking required

Dance & Fitness - Huntstown Family Resource Centre

Men's Fitness Class for over 55's and Inclusive Line Dancing Class.

Location: Huntstown Family Resource Centre, D15 EDP8

Date & Time: 19/11/2025 @ 10:00 am-12:15 pm

Contact: maria@huntstowncc.org (01) 8220847 - Booking

required





Chair Yoga for Local Senior Citizens

Laurel Lodge Mens Club invites you to try chair yoga

Location: Castleknock Community Centre, Laurel Lodge

D15T3PN

Date & Time: 19/11/2025 @ 12:45 pm - 1:45 pm

Contact: (01) 8200968 - Booking Required

Blanchardstown Centre for Independent Living Tea and Coffee Morning

Open morning in the BCIL - Join us for tea/coffee!

Location: Second Floor, 2 Parkside House, Main Street,

Mulhuddart, Co. Dublin, D15 T9EP

Date & Time: 19/11/2025 @ 11:00am **Contact:** 01 8270609 - <u>admin@bcil.ie</u>

Chair Yoga - Corduff Sports Centre

Chair Yoga Class for over 55's

Location: Corduff Sports Centre

Date & Time: 19/11/2025 @ 12:30 pm-1:30 pm

Contact: (01) 8235000 - Booking required

Winter Wellness - Diswellstown Community & Recreation Centre

Health Eating for the Winter Season with a low impact wellness class (Booking Required)

Location: Diswellstown Community & Recreation Centre CLG,

D15VH05

Date & Time: 19/11/2025 @ 4:00 pm-5:00 pm

Contact: facilitiesdiswellstown@gmail.com - 01 823 5555





Celebrating Community Partnerships - Conaí Clubhouse

Launch of three short films showcasing the powerful partnership between Fingal Community Centres and Conaí Clubhouse

Location: Huntstown Community Centre

Date & Time: 20/11/2025 @ 11am

Contact: siobhra.mahony@hse.ie - (01) 8053472

Happy Days Cultural Event - Happy Days Club

You are invited to represent your countries through dance, music, sensory and visual displays.

Location: Castleknock Community Centre D15 T3PN

Date & Time: 21/11/2025 @ 9:00 am-12:00 pm **Contact:** caro_daly@hotmail.com - 0872023862

Playing Bridge - The Vue Bridge Club

We play the card game called Bridge. This game is for people of any age within our Community

Location: Luttrellstown Community Centre, Porterstown

Road, Clonsilla, D15DY29

Date & Time: 21/11/2025 @ 11:00 am-2:00 pm

Contact: ymedalton@gmail.com - 0868592638 - Booking

required

MaryCare Zumba Class and Health & Wellness Talk

Bringing groups of over 40's together for fitness class and health and wellness talk.

Location: Empower Building, Avondale Park Mulhuddart / 6

Parslickstown Court Dublin 15

Date & Time: 21/11/2025 @ 1:00 pm-5:00 pm

Contact: maryoluyemi@yahoo.ie - 087 9124494





Sumo taster 4 everyone! - Children4WorldChildren

Free Sumo demo sessions for all ages

Location: Blanchardstown Library D15 RY73 **Date & Time:** 21/11/2025 @ 1:30 pm-4:30 am

Contact: office@children4worldchildren.com - 0896117303

Booking required

Musical Bingo - Huntstown Ladies Afternoon Club

Join us for Musical Bingo!

Location: Huntstown Community Centre

Date & Time: 21/11/2025 @ 3:00 pm-5:30 pm **Contact:** mary.deery@gmail.com - 0876717331

Variety show group Art and craft for boys and girls

Sorry sis Art & Craft and Indoor games

Location: Mulhuddart Community Centre

Date & Time: 21/11/2025 @ 4:00 pm-6:00 pm

Contact: varietyshowgroup@gmail.com - 089 9635379

Water Polo Taster session - St. Vincent's Water Polo Club

Mini water polo session for players aged 8-12

Location: National Aquatic Centre, Snugborough Road,

Blanchardstown, D15 EPN4

Date & Time: 21/11/2025 @ 8:00 pm

Contact: Hynestreasurer@stvincentswaterpolo.club -

087 2343967 - Booking required





Inclusive Pickleball Pickleball games for all ages, abilities and skills - Dublin 15 Pickleball Club

Location: Corduff Sports Centre - Blackcourt Road, Corduff,

Dublin 15, D15 T861

Date & Time: 22/11/2025 @ 9:00 am-4:00 pm

Contact: Dublin15pickleball@outlook.ie - 0894076674

Morning Language Exchange for Older and Wiser group over 60's - Ukrainian Volunteers of Ireland

Location: Blanchardstown Library, D15 RY73

Date & Time: 22/11/2025 @ 10:00 am-12:00 pm

Contact: olderandwiser.ie@gmail.com - Booking required

Bridges of Africa and Ireland - African Advocacy Network Ireland

From Frederick Douglass to the present day, celebrating Ireland's rich and diverse connection with Africa

Location: Blanchardstown Library

Date & Time: 22/11/2025 @ 1:30 pm-3:30 pm

Online booking system - AANI hosts Frederic Douglas to

present day, African connections to Ireland

Plant the Seeds of Inclusion - Clonsilla Tidy Towns

Bulb Planting throughout Clonsilla with local residents

Location: Meeting at NudieBrews Located under Lidl in Clonsilla,

facing main road, D15 HR7W

Date & Time: 22/11/2025 @ 2:00pm

Contact: tidytownsclonsilla@gmail.com





Try Parastanding Tennis - Castleknock Lawn Tennis Club

For those who are not in a wheelchair but have a physical disability and would like to try tennis.

Location: Castleknock Lawn Tennis Club 2, D15 NY10

Date & Time: 23/11/2025 @ 5:00 pm-7:00 pm

Contact: office@cltc.ie - (01)8210423 - Booking required

Mental health wellbeing - ADAIGBO Ireland

Youth event with speakers based on challenges faced by youths within the community.

Location: Mulhuddart community centre

Date & Time: 23/10/2025 @ 3:00 pm -6:00 pm

Contact: obijias@gmail.com - 0894646173

Social Get Together - St Peregrine's SC Network

Music, Food and Dancing

Location: Clonsilla Inn

Date & Time: 24/11/2025 @ 5:00 pm-8:00 pm

Contact: burkesally5@gmail.com - 086 8740661

Invitation only

Show Racism the Red Card Workshop - The Immigrant Council of Ireland (Closed Event)

As part of Fingal Inclusion Week, the Immigrant Council of Ireland will deliver a 'Show Racism the Red Card' workshop in Blanchardstown Library to a class from a local school covering topics such as diversity, the impact of racism, and ways to combat prejudice, the workshop encourages children to think critically and work together to build an inclusive community.





Balbriggan Women's Development group

Cultural celebration through International Cuisine and Storytelling

Location: Cairde Balbriggan, Hampton Street, A32 PA09

Date & Time: 17/11/2025 @ 10:30 am - 1:00 pm

Contact: bwdgroup2012@gmail.com - (087) 2829915 - Booking

required

Inclusion week post-partum baby friendly yoga event - Skerries Friends of Breastfeeding Mum2Mum Group

(Fully booked)

Location: Little Theatre Skerries Community Centre, K34 FX61

Date & Time: 17/11/2025 @ 10:30 am - 11:30 am

Cairde Open Day - Cairde Balbriggan

Open Day Showcasing the work of Cairde Balbriggan

Location: Cairde Balbriggan, Hampton Street, Balbriggan, K32

PA09

Date & Time: 17/11/2025 @ 11:00 am - 3:00 pm

Contact: sarah@cairde.ie - 087 2829915

Photo Days with Prosper Fingal - Swords Photography Group

Open to Prosper Fingal Service Users

Location: Prosper Rush

Date & Time: 17/11/2025 @ 11:00 am, 1:00 pm

Contact: annegibney2013@gmail.com - 086 3425688





CommUNITY Exhibition - Lusk Community Council

Irish Palestinian Exhibition highlighting Palestinian inclusion for Lusk

Location: Lusk Community Cultural Centre, Church Road, Lusk,

Co. Dublin, K45 CP40,

Date & Time: 17-20 Nov @ 12:00 pm - 5:00 pm

Contact: luskcommunity@yahoo.ie -

087 2455099 - **Booking Required**

Resident's Associations Meet and Greet - Lusk Action Group

Networking and meet and greet for members of old and newly established resident's associations in Lusk

Location: Community Cultural Centre, Lusk K45CP4

Date & Time: 17/11/2025 @ 5:15 pm-6:45 pm

Contact: luskactiongroup@gmail.com

Start Chess - Balbriggan Chess Club

Play some chess games; learn the rudiments; an introduction

to the game; from beginner to serious

Location: Castlelands Community Centre

Date & Time: 17/11/2025 7:00pm-10:00pm

Contact: kieranpmhowley@gmail.com - 086 7962180

Badminton for all - Rush Badminton Club

Open to all players of all nationalities in the locality

Location: St Maurs GAA Rush

Date @ Time: 17/11/2025 @ 8:00 pm-10:00 pm

Contact: RushBCCommittee@gmail.com - Booking required





Christmas card making - Loughshinny Widnesday Club

Christmas card making workshop run by the widows for Children of a local Primary School (Closed Event)

Location: Private

Date & Time: 17/11/2025

2nd Annual Fingal Men's Shed International Men's Day Event (Invitation Only)

Donabate Portrane Community Centre in conjunction with the Fingal Mens Shed and Fingal Community Development Department will host the 2nd Annual Fingal Men's Shed 'International Men's Day' event with exercise, health advice and live stand-up comedy

Date & Time: 19/11/2025 @ 11:00 am, 1:00 pm

Photo Days with Prosper Fingal - Swords Photography Group

Open to Prosper Fingal Service Users

Location: Prosper Skerries

Date & Time: 19/11/2025 @ 11:00 am - 1:00 pm

Contact: annegibney2013@gmail.com - 086 3425688

Balbriggan Women's Shed Inclusive Craft Class

Introduction of art & craft ideas to mothers and their children with additional needs

Location: Balbriggan Meals on Wheels Hall, K32 P793

Date & Time: 20/11/2025 @ 2pm-4pm

Contact: balbrigganwomensshed@gmail.com - Booking

Required





Intro to Fly Tying - Balbriggan & Skerries Fishing Club

A fly tying event for all

Location: Naul Community hall, Main street, Co. Dublin.

Date & Time: 20/11/2025 @ 6:00 pm-8:00 pm

Contact: nathorogers@gmail.com - Booking required

Pollination Nation - Loughshinny Tidy Towns Green Fingers

Inclusive workshop on importance of early growth pollinators for bees.

Location: Loughshinny Community Centre, Ballykea, Skerries,

K34 ET80

Date & Time: 20/11/2025 @ 6:00pm - 8:00pm,

Contact: loughshinnytidytowns@gmail.com or message on

facebook.com/loughshinnyca - 085 7255968

Start Chess - Balbriggan Chess Club

Play some chess games; learn the rudiments; an introduction to the game; from beginner to serious

Location: Flemington Community Centre

Date & Time: 20/11/2025 6:30pm - 9:30pm

Contact: kieranpmhowley@gmail.com - 086 7962180

Community inclusion night - Loughshinny community association

Music, education talk and food event

Location: Loughshinny Community Centre, K34ET80

Date & Time: 20/11/2025 @ 7:00 pm - 9:30 pm

Contact: Loughshinnyca@gmail.com - 085 1746256 - Booking

required





Afro Dance Experience - Fingal Africa

Afro Dance Experience for over 18s, all backgrounds celebrating culture through movement

location: Flemington Community Center

Date & Time: 20/11/2025 @ 7:00 pm - 8:00 pm

Contact: fingalafricancommunity@gmail.com - 087

7821102/087 2520218 - Booking Required

Inclusion yoga - Rush Community Council

Yoga for parents of community

Location: K56WF22

Date & Time: 21/11/2025 @ 10:00 am - 1:30 pm

Contact: manager@rushcoco.ie - 01 8439349 - Booking

Required

'Hands and Tales' Story Time - Skerries Library

Join Imogen Carter for a fun, inclusive story time using the spoken word and Lámh signs. Suitable for all children aged 0-6, with and without additional needs.

Location: Skerries Library, 56 Church St, Townparks, Skerries,

Co. Dublin, K34 PN56

Date & Time: 21/11/2025 @ 10:30am - 11:30am

North County



Traditional Irish Music Workshop - Leithinis Donabate Portrane CCÉ

Workshop to learn about and experience traditional Irish instruments and music

Location: Donabate Parish Hall, K36 PC94

Date & Time: 21/11/2025 @ 7:00 pm - 9:30 pm,

Contact: leithinis@comhaltas.net - 087 6202732 - Booking

required

O'Dwyers Open Day - Community Activities

Open day to showcase our offerings & New All Star program

Location: O'Dwyers GAA Club, K32TK53

Date & Time: 22/11/2025 @ 9:00 am-10:00 am **Contact:** info@odwyersgaa.com - (087) 9702479

Lusk Tidy Towns Spring Bulb Planting

Meet Lusk Tidy Towns volunteers and help plant a variety of spring bulb in our Station Road Garden

Location: Station Road Garden Lusk K45 TD25

Date & Time: 22/11/2025 @ 10:00am - 12:00pm

Contact: tidytownslusk@gmail.com - 083 1521116

Community Planting Day - Balscadden District Community Council

A community gathering to plant Spring bulbs and shrubs, refreshments provided

Location: Grass bank beside Balscadden Inn K32 PF10

Date & Time: 22/11/2025 @ 11:00 am - 1:00 pm

Contact: balscaddendcc@gmail.com - 0871214282





Tree planting day - Garristown Community council

You are invited to come along and enjoy this community event

Location: Garristown Community Centre, Main St. Garristown,

Co Dublin A42 K257

Date & Time: 22/11/2025 @ 11:00 am - 12:30 pm **Contact:** Garristowncc@gmail.com - 087 2332473

Spring Bulb Planting - Ballyboughal Tidy Towns

Location: Ballyboughal Main Street

Date & Time: 22/11/2025 @ 11:00am-1:00pm

Contact: 087 2295840 - ballyboughaltidytowns@outlook.ie

Open minds, Open doors - Young women's group

Series of small activates for all to try such as arts and craft, short stories, talks and crocheting

Location: Foróige Balbriggan Flemington lane, Balbriggan

Date & Time: 22/11/2025 @ 12:00 pm - 3:00 pm

Contact: Ciaraok57@gmail.com - 089 4107831 - Booking

Required

Community Cuppa & Catch up afternoon - Ballyboughal community council

Location: Ballyboughal Community Hub, Main Street

Ballyboughal

Date & Time: 22/11/2025 @ 1:00 pm - 3:00 pm

Contact: 086 8334411 - vickymcgauley4@gmail.com

North County



Art & Craft Workshop - Phoenix of Ballyboughal

Adult art class - No experience required (all materials supplied)

Location: Ballyboughal Boxing Club A45HY59 **Date & Time:** 22/11/2025, 2:00 pm-3:30 pm

Contact: 086 8816084 - ballyboughalboxingclub@gmail.com

Booking required

History for All Walk and Talk - Balbriggan and District Historical Society

Starting in Balbriggan Library for a talk followed by a walk to various points of historical interest in Balbriggan

Location: Balbriggan Library, K32TW27

Date & Time: 22/11/2025 @ 2:00 pm - 4:00 pm

Contact: 01 8704401 - Booking required

African Drumming Workshop - Skerries Rowing Club

An African Drumming workshop for all ages from 12 to 80

Location: Skerries Community Centre, K34 K377

Date & Time: 22/11/2025 @ 4.45pm - 5.30pm

Contact: secretary@skerriesrowingclub.com - 086 8341604 -

Booking required

Turvey Park Experience - OWLS

Family outdoor fun afternoon, shelter building, traditional woodland games

Location: Turvey Nature Reserve, Near the village of Donabate

North Dublin.

Date @ Time: 23/11/2025 @ 10:00 am-12:45 pm

Contact: Mouseinfo@owls.ie (087) 329 9936





Community Gathering - Flemington Residents Association (Open to Flemington Residents Only)

Location: Flemington Estate

Date & Time: 23/11/2025 @ 10:00 am - 12:00 pm **Contact:** cguildea@hotmail.com - 086 1556801

Fun 5K/3K Run - Ballyboughal Hedgerow Society

Fun Run (Walk) along hedge lined Back Lane. Come early for Face Painting. Dress up optional!

Location: A41Y7W2

Date & Time: 23/11/2025 @ 11:30 am

Contact: 086 3638487 - lynchjustice@gmail.com

Flavours of our Community - Donabate Portrane Community Centre

DP Against Racism - Food sharing from different cultures.

Location: Donabate Portrane community centre **Date & Time:** 23/11/2025 @ 1:00 pm 3:00 pm

Contact: sandra.mathews@dpcc.ie - 087 2417740

Swords - Howth -Malahide



Removing Barriers as a Community - Howth Sutton Autism Friendly Community

Celebrating a year of removing barriers to participation by autistic residents and visitors to the community of Howth and Sutton (Invitation only)

Location: Howth Castle, D13 EH73

Date & Time: 17/11/2025 @ 5:00 pm - 6:30 pm

Contact: howthsuttonautismcommunity@gmail.com

Inclusion Tai Chi - Rivervalley Community Centre

Open to all to come in for a session of restorative and meditative Tai Chi

Location: St. Finians Rivervalley & Rathingle Community Centre,

K67T6T7

Date & Time: 18/11/2025 @ 11am

Contact: (01) 840 9018 - Booking required

Monster Bingo - Swords Senior Citizens

Bingo event for over 55's

Location: Swords Senior Citizens, Chaple lane, Co Dublin

Date & Time: 19/11/2025 @ 2:00 pm - 4:00 pm

Contact: 087 2773843 - swordssc18@gmail.com - Booking

Required

Swords - Howth - Malahide



Swords NeurodiversiTEA Inclusion Week Event

The event will bring together members of the various Neurodiverse groups in Swords to share lived experiences and foster connections

Location: Rivervalley Community Centre **Date & Time:** 20/11/2025 @ 3:30-5:00pm

Contact: Angela.Buckley@Fingal.ie - Invitation Only

Community Street Box Art Project - Thormanby Lawns Residents' Association

Community art day painting utility boxes together

Location: D13 WP86

Date & Time: 21/11/2025 @ 4:00 pm - 6:00 pm

Contact: 086 8183709 - thormanbylawns@gmail.com

Dance to African rhythm & Get Fit - The Bold Woman

We welcome you to Get Fit as you Move to African Music and Rhythms and taking 5K steps

Location: Holywell Community Centre, Swords K67 P8P9

Date & Time: 22/11/2025 @ 10:00 am-2:00 pm

Contact: 089 9424935 - theboldwomanorg@gmail.com

Booking required

Football for All - Baldoyle United AFC

Football for 4 to 16 year olds with physical and intellectual disabilities

Location: Baldoyle United AFC, Brookstown Road D13 HF57

Date & Time: 22/11/2025 @ 11:30 am - 12:30 pm **Contact:** 086 3779074 - baldoyleunited@yahoo.ie

Swords - Howth -Malahide



Open Day at our Polytunnel - Swords Tidy Towns

Christmas centrepiece workshop, crafts for children, plant giveaway, seed giveaway etc.

Location - Back of Youthreach School, North Street,

Swords K67YE62

Date & Time: 22/11/2025 @ 1:00 pm-3:00 pm

Contact: teresa.cosgrave@outlook.com - (086) 2513157

DIY Indian Art on coaster workshop and Henna tattoos - Bayside Community Center

Create your own Indian inspired wooden coaster, with traditional motifs, enjoy henna tattoos in a hands on cultural workshop, Indian dance performance

Location: Unit 1, Bayside Boulevard North, Sutton Dublin 13,

D13DDF2,

Date & Time: 23/11/2025 @ 3:30 pm-5:30 pm

Contact: creart.dublin@gmail.com - +353 834019927

Booking required

Harvest Festival - Baldoyle Family Resource Services

Bringing communities together to share a meal with difference cultural influences

Location: D13 TE80

Date & Time: 27/11/2025 @ 6:00 pm - 8:00 pm

Contact: 01-8326115 - communitydev@bfrs.ie

Booking Required











Fingal Libraries Sensory Time with Fingal Additional Needs

To celebrate Fingal Inclusion Week, Fingal Libraries invites ASD units from local schools in Balbriggan and Blanchardstown to sensory hour at the library with Fingal Additional Needs. These are fun, child-led play sessions designed to engage the senses through lights, textures, and creative activities.

Fingal Integration A Symbol of Hope Exhibition - Ukrainian Volunteers of Ireland

This exhibition illustrates the connectivity between Ireland and Ukraine in its showcasing of artworks that connect our cultures and shared famine experiences. The exhibition includes pieces of embroidered traditional costumes from Ireland and the Ukraine made by the Older and Wiser members of the Ukrainian Volunteers of Ireland.

Location: Fingal County Council, County Hall, Office, The Atrium, Swords Main Street.

Date & Time: 18th - 27th of November, County Hall Opening Hours

Contact: maeve.harkin@fingal.com







Fingal County Council Arts Office

As part of Fingal Inclusion Week 2025, Fingal County Council Arts Office and Creative Places Balbriggan are pleased to launch the new Balbriggan Cultural Companions: An Age & Opportunity Initiative.

In partnership with Age & Opportunity, Cultural Companions is a programme that will aim to address the issue of social isolation amongst older people by offering them the opportunity to engage in arts and cultural activities and events locally and regularly, by attending events together. Meet-and-greet volunteers will welcome and bring together members to the regular events, to ensure social interaction and companionship is at the core of the events.

Location: Ardgillan Castle

Date & Time: 18/11/2025 @ 11am

Contact: Cormac.McDonagh@fingal.ie

Booking essential via Eventbrite