



# **Bike Week 2024 in Fingal**

Bike Week takes place in Fingal from Saturday, 11 to Sunday, 19 May. Check out our full programme of events on www.fingal.ie/bikeweek For more information on any of our events please email active.travel@fingal.ie



### **SMALL BIKE PARADE**

To kick off Bike Week, on Saturday, 11 May at 11am dress up your bike and following that we'll be holding our Small Bike Parade around the park, so if your Child uses a Balance Bike or is just learning to cycle, come along and join the Bike Dress Up Parade. We'll be meeting in the Main Car Park at Millennium Park, and cycling over to the Family Fun Day on the other side of the Park. (all decorations supplied).

#### POP UP STREET VELODROME - MILLENNIUM PARK

Our main Dublin 15 event takes place on Saturday, 11 May from 11am to 4pm in Millennium Park, where we'll have the Pop Up Street Velodrome, Bike Repair, Cycling Without Age, Bike Orienteering and lots more for all the family. So grab your bike and come join us for a day of fun!









#### **BIKE WEEK BALBRIGGAN**

This year for Bike Week, in partnership with the Scéal Arts Collective, we'll have a full week of events going on from the various venues in Balbriggan. Sessions range from Bike Painting to Bike Repair, Check out https://www.fingal.ie/bikeweek for a full list of Balbriggan Events during Bike Week.

## SOFA TO SADDLE CYCLE

Our Sofa to Saddle Group will be hosting a gentle age friendly cycle in the Phoenix Park on Sunday, 12 May at 1.30pm. So if you'd like to come along, meet the group and hear more about future courses, we'd love to see you there. The Meeting point is just up from the Phoenix Monument at Áras An Uachtaráin. For more details email stephen.mcginn@fingal.ie



#### **PHOENIX PARK - INCLUSIVE CYCLING**



On Sunday, 12 May from 1pm to 3pm we'll be holding our Inclusive Cycling Event in the Phoenix Park with Dublin City Council and the OPW. This is a great opportunity to come and try a range of accessible bikes, tandem cycles and trikes or simply enjoy a spin along Chesterfield Avenue, which will be closed to traffic for the duration of the event. The Meeting point is just up from the Chesterfield Roundabout at Áras An Uachtaráin.





## **INCLUSIVE CYCLING LESSONS**



On Tuesday, 14 and Wednesday, 15 May in Millennium Park, Blanchardstown, we are offering special education schools and schools with ASD Classes the chance to take part in Cycling Lessons on the new Learn 2 Cycle Track. Sessions are 45mins long and can take a max of 16 participants. We have slots starting at 10am up to 2pm. Email active.travel@fingal.ie for more information or to book a slot.



#### **COME & TRY BMX**

Lucan BMX are hosting free 1hr workshops for Schools on Wednesday, 15, Thursday 16 and Friday, 17 May. The workshops are suitable for sixth class pupils and older. Each hour long lesson can take 26 students. Sessions start at 10am and run to 3pm. To book a slot or for more information email stephen.mcginn@fingal.ie.





#### **SUNSET CYCLE - PHOENIX PARK**

On Wednesday, 15 May at 7.30pm we'll be taking over the Phoenix Park for our Sunset Cycle, iBike Dublin will be providing the tunes so grab your bike and come join us for a chilled out 5km cycle around Dublin's most iconic park. For more Information, email active.travel@fingal.ie.



#### **BALANCE BIKE BUDDIES**

On Saturday, 18 May we have a cycling course starting for children under 5 years old who use a balance bike. The 8 week course takes place every Saturday between 10am - 11am in Millennium Park. For more information email stephen.mcginn@fingal.ie.



### **BALBRIGGAN COMMUNITY CYCLE**



On Saturday, 18 May at 12.45pm come and join us at Castlelands Community Centre for a Cycle along the new Harry Reynolds Road Cycle Route. We'll be heading to Millpond Park for the Our Nature Festival Riverwalk and Picnic. For more Information, email active.travel@fingal.ie.





### **BLING YOUR BIKE TO SCHOOL**



We're looking for the most blingtastic bikes in Fingal, this Bike Week we're looking for you to 'bling' up your bike and show it off in school! All schools that take part will be entered into a draw for a €250 Euro Cycles voucher for their school. All you have to do is register by emailing active.travel@fingal.ie and send us your photos!

#### **SUPERHERO CYCLE DAY**

On Friday, 17 May we're celebrating Fresh Air Friday, by asking as many students as possible to cycle to school as their favorite super hero.

If your school would like to enter, simply email active.travel@fingal.ie and we'll put your school in the draw for a €250 Euro Cycles Voucher.



#### **FREE BIKE SHARE WEEKEND**



Discover the convenience and joy of Bike Share this Bike Week. On Saturday, 18 and Sunday, 19 May you can redeem a free Bleeper Bike or TIER eBike journey.

Check out www.fingal.ie/bikeweek for more details on how to redeem your free trip.





## **PORTMARNOCK COMMUNITY CYCLE**



On Saturday, 18 May we'll be meeting at 4pm at the Centra on Station Road for a Community Cycle to Howth, via Baldoyle. We'll have a second meeting point at Baldoyle Community Hall at 4:20pm. So come and join us for a nice relaxed evening spin. For more information email active.travel@fingal.ie.

#### **NEW STREET MALAHIDE BIKE BUS**

On Sunday, 19 May we'll be holding a bike bus from New Street in Malahide to the Family Fun Day at Malahide Castle. We'll have Bike Decorations for the first 100 kids. The Bike Bus will leave New Street at 11am and head up to the Castle from there. No need to register, just turn up on the morning and join us for a nice cycle to mark the end of Bike Week 2024.



#### **MALAHIDE FAMILY FUN DAY**



Our flagship annual event takes place in Malahide Castle on Sunday, 19 May from 11am to 5pm. We'll have a Family Yoga Session on the Front Lawn at 11:15am, followed by Movies at the Castle from 2pm. We'll also have Bike Repair, Pedal Powered Games, Toddler Exercise Sessions, Bike Orienteering and lots more so come celebrate the end of Bike Week with us.