



Fingal Parks & Trails Challenge

**Comhairle Contae
Fhine Gall**
Fingal County
Council



Ireland
Leave No Trace



What is the Fingal Parks & Trails Challenge?

We've collaborated with Sport Ireland and Leave No Trace Ireland to bring you trail maps, directions to locations, car parking timetables and safety information for 6 Fingal Parks. We've put in the groundwork - now it's time for you to answer the challenge!

Visit any 4 of the Fingal Parks & Trails sites during August 2023 and be in with a chance to win exciting prizes.

With National Aquatic Centre family passes, picnic baskets, mugs and much more to be won weekly, now is the perfect time to take to hit the trail!

Share your trail tales and photos at the link sent to you when you registered or scan the QR code to go to the form.



Happy exploring!

Promise to Love This Place & Leave No Trace



Fingal is home to stunning beaches, parks and other outdoor spaces. Help us keep the County beautiful and ready for everyone to enjoy this Summer with these easy to follow tips from Leave No Trace Ireland.

Keep Fingal's Parks and Trails Litter-Free

Reduce the waste you bring into nature by using reusable packaging for your snacks and drinks.

Use the public bins where available. If bins are full or unavailable, plan to bring all your rubbish (including your biodegradables and dog waste bags) home with you to dispose of properly.

Protect our Wildlife

We share the outdoors with wildlife, and we can play our part to protect them.

Keep your distance from any wildlife that you may encounter – use the rule of thumb: extend out your arm and hold up your thumb in front of the animal. If you can't see the animal behind your thumb, you are a safe distance. If you can still see the animal behind your thumb, you're too close.

Be Responsible with our Dogs

Good dogs deserve good dog owners - and you can help your dog to Leave No Trace!

Some trails and habitats are better suited to welcome dogs than others. Avoid disappointment, and check that your dog is allowed at the park or trail that you plan to visit before you go.

Many people love dogs, but always assume they are afraid until you are told otherwise. Be considerate of other people, children, animals and plants by keeping your dog on a lead along the trails.

It's so important to pick up after your dog, bagging their waste and safely binning it. Plan ahead and prepare to bring it home with you if bins are full or unavailable.

Stick to the path to protect our land and coast

By sticking to established trails and pathways, we reduce erosion and prevent damage to fragile vegetation. If you're stepping off the trail, look for durable ground to stand, play or sit on.

[If trails are near a beach/coastline] Sand Dunes are very fragile and many protected birds call these coastal habitats home. The best way to protect dune habitats is to stay off them completely, and walk along on the beach or boardwalks along Fingal's coastline instead.

Embrace Fingal's local and natural heritage

Be considerate of others who are enjoying the trails, by sharing the pathways and letting the sounds of nature prevail.

Take only photos; leave flowers, stones, shells, and feathers for the local biodiversity.

Leave only footprints along these beautiful sites, by not adding human-made items or markings along the trails.

Conair an Ghairdín Garden Trail



Aimn na Conaire: Conair an Ghairdín

Pointe Tosaithe na Conaire: Carrchlós 3

Fad: 1 chiliméadar

Am: 20 - 30 nóiméad

Leibhéal Deacrachta: Éasca

Críochphointe na Conaire: Carrchlós 3

Dath marcála ar Bhealach na Conaire: Dearg

Trail Name: Garden Trail

Start Point: Car Park 3

Length: 1 km

Time: 20 - 30 mins

Degree of Difficulty: Easy

Finish Point: Car Park 3

Trail Way Marking Colour: Red

Conair na Fearainne Páirce Parkland Trail



Aimn na Conaire: Conair na Fearainne Páirce

Pointe Tosaithe na Conaire: Carrchlós 1

Fad: 3.7 ciliméadar

Am: rothaíochta 20 nóiméad / siúl 50 nóiméad

Leibhéal Deacrachta: Réasúnta

Críochphointe na Conaire: Carrchlós 1

Dath marcála ar Bhealach na Conaire: Gorm

Trail Name: Parkland Trail

Start Point: Car Park 1

Length: 3.7 km

Time: 20 min cycle / 50 min walk

Degree of Difficulty: Medium

Finish Point: Car Park 1

Trail Way Marking Colour: Blue

- Páirceáil
Parking
- Caisleán Ard Giolláin
Ardgillan Castle
- Clós Súgartha
Playground
- Seomraí Tae
Tea Rooms
- Leithris
Toilets
- Gairdín Rós
Rose Garden
- Bailiúchán Náisiúnta Pótaintille
National Potentilla Collection
- Garraí Daingean
Walled Garden
- Teach Oighir
Ice House
- Staighre an Bhean Uasal
The Lady's Stairs
- Cluain na mBláthanna Fiáine
Wild Flower Meadow
- Cosán na gCrann Cuimhneacháin
Commemorative Tree Walk
- Limistéar nach gá lall a bheith ar Mhadraí
Dog off-leash area



Ardgillan Park & Demesne

0 Metres 100 200 300 400 500

Go dtí Lusca
To Lusk

Muir Éireann
Irish Sea



Go dtí Na Sceirí
To Skerries

Conair na Cluana Meadow Trail



Ainm na Conaire: Conair na Cluana
Pointe Tosaithe na Conaire: Carrchlós 1
Fad: 2.6 ciliméadar
Am: 30 - 45 nóiméad
Leibhéal Deacrachta: Éasca
Críochphointe na Conaire: Carrchlós 1
Dath marcála ar Bhealach na Conaire: Buí

Trail Name: Meadow Trail
Start Point: Car Park 1
Length: 2.6 km
Time: 30 - 45 minutes
Degree of Difficulty: Easy
Finish Point: Car Park 1
Trail Way Marking Colour: Yellow

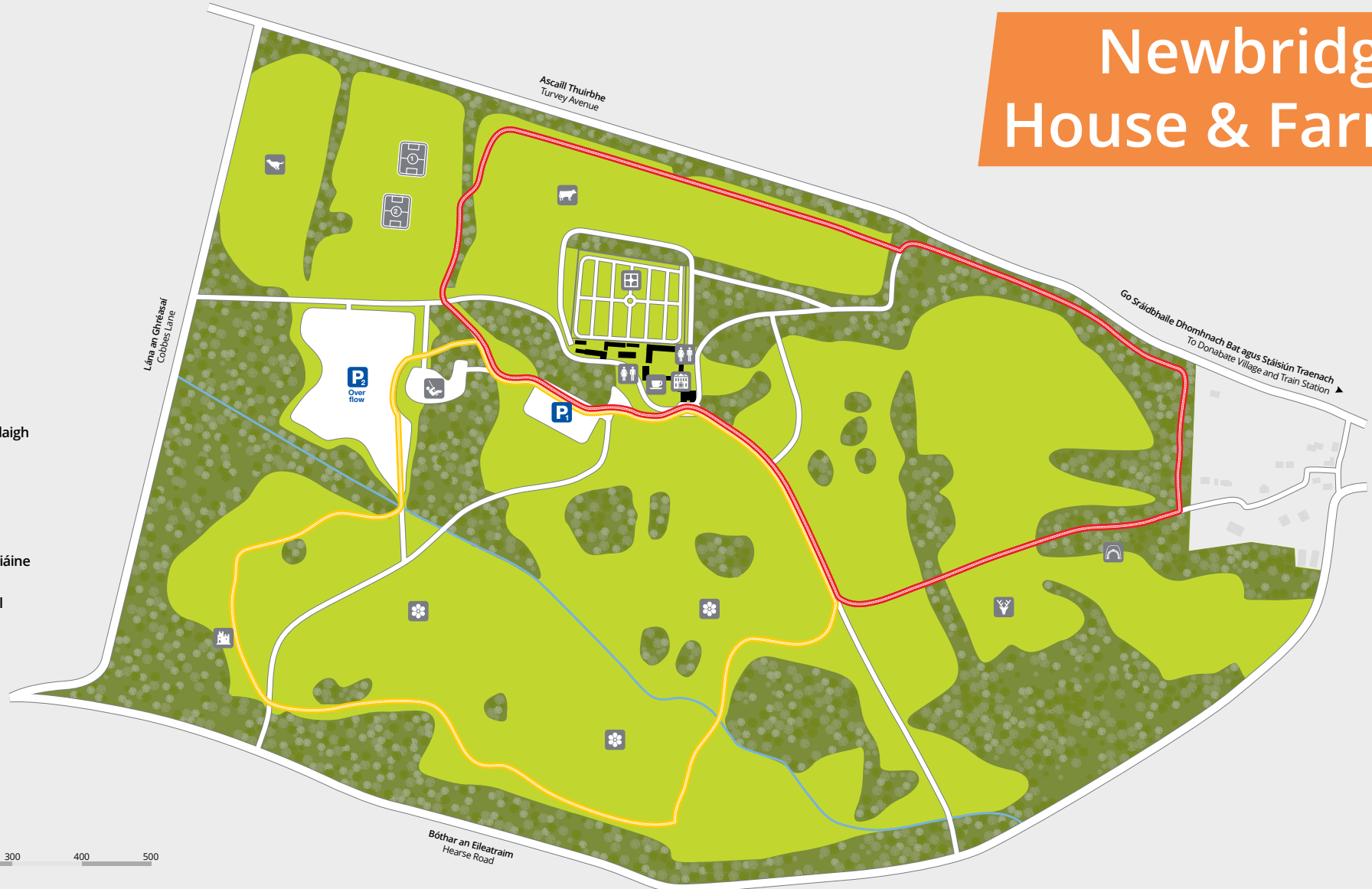
Conair na Fearainne Páirce Parkland Trail



Ainm na Conaire: Conair na Fearainne Páirce
Pointe Tosaithe na Conaire: Carrchlós 1
Fad: 2.8 ciliméadar
Am: 30 - 45 nóiméad
Leibhéal Deacrachta: Éasca
Críochphointe na Conaire: Carrchlós 1
Dath marcála ar Bhealach na Conaire: Dearg

Trail Name: Parkland Trail
Start Point: Car Park 1
Length: 2.8 km
Time: 30 - 45 minutes
Degree of Difficulty: Easy
Finish Point: Car Park 1
Trail Way Marking Colour: Red

- Páirceáil
Parking
- Teach an Droichid Nua
Newbridge House
- Feirm
Farm
- Clós Súgartha
Playground
- Siopa Caife
Coffee Shop
- Leithris
Toilets
- Garraí Daingean
Walled Garden
- Páirc na bhFianna
Deer Park
- Caisleán Bhaile an Lónaigh
Lanistown Castle
- Áith Aoil
Lime Kiln
- Páirc
Pitch
- Cluain na mBláthanna Fiáine
Wild Flower Meadow
- Spás do Mhadraí gan iall
Dog off-leash area



Newbridge House & Farm



Ainm na Conaire: Conair an Fhearainn Páirce
Pointe Tosaithe na Conaire: Carrchlós
Fad: 4 chiliméadar
Am: 60 nóiméad
Leibhéal Deacrachta: Éasca
Críochphointe na Conaire: Carrchlós
Dath marcála ar Bhealach na Conaire: Gorm

Trail Name: Parkland Trail
Start Point: Car Park
Length: 4 km
Time: 60 mins
Degree of Difficulty: Easy
Finish Point: Car Park
Trail Way Marking Colour: Blue

0 Metres



Malahide Castle & Gardens

- Páirceáil
Parking
- Páirceáil Chóiste
Coach Parking
- Páirceáil Rothar
Bicycle Parking
- Stáisiún Mhullach Íde
Malahide Station
- Caisleán Mhullach Íde
Malahide Castle
- Ionad Cuairteoirí an Chlóis
The Courtyards Visitor Centre
- Gairdín Lusanna Talbot
Talbot Botanic Garden
- Garraí Daingean
Walled Garden
- Mainistir
Abbey
- Leithris
Toilets
- Caifé
Café
- Cúirteanna Leadóige
Tennis Courts
- Páirc Cruicéid
Cricket Pitch
- Cúrsa Gailf
Golf Course
- Cúirteanna Petanque
Pétanque Courts
- Clós Súgartha
Playground
- Cluain na mBláthanna Fiáine
Wild Flower Meadow
- Seomraí Feistis
Changing Rooms
- Páirc Spóirt
Sports Pitch
- Limistéar nach gá iall a bheith ar Mhadraí
Dog off-leash area



Caithfidh madraí a choimeád ar iall i gcónaí sa diméin ach amháin sa limistéar sannaite chun madraí a scaoileadh soir gan iall.
 All dogs must be kept on leash at all times in the demesne - except in designated Dog off-leash area.



Conair Fholláine Get Fit Trail



Aim na Conaire: Conair Fholláine
Pointe Tosaithe na Conaire: Carrchlós 1
Fad: 2000 méadar
Am: 20 - 30 nóiméad
Leibhéal Deacrachta: Éasca
Críochphointe na Conaire: Carrchlós 1
Dath marcála ar Bhealach na Conaire: Oráiste

Trail Name: Get Fit Trail
Start Point: Car Park 1
Length: 2000 m
Time: 20 - 30 mins
Degree of Difficulty: Easy
Finish Point: Car Park 1
Trail Way Marking Colour: Orange

Conair na Fearainne Páirce Parkland Trail



Aim na Conaire: Conair na Fearainne Páirce
Pointe Tosaithe na Conaire: Carrchlós 1
Fad: 3.6 chiliméadar
Am: 45 - 60 nóiméad
Leibhéal Deacrachta: Éasca
Críochphointe na Conaire: Carrchlós 1
Dath marcála ar Bhealach na Conaire: Dearg

Trail Name: Parkland Trail
Start Point: Car Park 1
Length: 3.6 km
Time: 45 - 60 mins
Degree of Difficulty: Easy
Finish Point: Car Park 1
Trail Way Marking Colour: Red

Conair Fhoraoise Woodland Trail



Aim na Conaire: Conair Fhoraoise
Pointe Tosaithe na Conaire: Carrchlós 1
Fad: 3.8 ciliméadar
Am: 40 - 60 nóiméad
Leibhéal Deacrachta: Éasca
Críochphointe na Conaire: Carrchlós 1
Dath marcála ar Bhealach na Conaire: Gorm

Trail Name: Woodland Trail
Start Point: Car Park 1
Length: 3.8 km
Time: 40 - 60 mins
Degree of Difficulty: Easy
Finish Point: Car Park 1
Trail Way Marking Colour: Blue



St. Catherine's Park

Keep our beautiful parks and trails litter free for others to enjoy and to protect the local ecosystem.

- | | | | |
|-----------------------------|------------------------------|--|---|
| Páirceáil Parking | Conair BMX BMX Track | Páirc Pitch | Seomra Ranga Fhoraoise Forest Classroom |
| Dífhibrileoir Defibrillator | Eallach Cattle | Páirc Cruicéid Cricket Pitch | Siúlóid Crann Cuimhneacháin Commemorative Tree Walk |
| Clós Súgartha Playground | Fothrach Séipéil Church Ruin | Cúirteanna Leadóige Tennis Courts | Foirgneamh Stairiúil Historic Building |
| Leithris Toilets | Raon do Mhadraí Dog Run | Láthair Callaistéineach Calisthenic Area | Tobar Beannaithe Holy Well |

0 Metres 100 200 300 400 500

Slí Amach Leamhcán Lucan Exit

Cosán Fearann Páirce Parkland Trail



Ainm na Conaire: Cosán Fearann Páirce
Pointe Tosaithe na Conaire: Carrchlós
Fad: 2 chiliméadar
Am: 20 - 30 nóiméad
Leibhéal Deacrachta: Éasca
Críochphointe na Conaire: Carrchlós
Dath marcála ar Bhealach na Conaire: Gorm

Trail Name: Parkland Trail
Start Point: Car Park
Length: 2 km
Time: 20 - 30 mins
Degree of Difficulty: Easy
Finish Point: Car Park
Trail Way Marking Colour: Blue

Cosán Aclaíochta Get Fit Trail



Ainm na Conaire: Cosán Aclaíochta
Pointe Tosaithe na Conaire: Carrchlós
Fad: 3 chiliméadar
Am: 35 - 45 nóiméad
Leibhéal Deacrachta: Éasca
Críochphointe na Conaire: Carrchlós
Dath marcála ar Bhealach na Conaire: Oráiste

Trail Name: Get Fit Trail
Start Point: Car Park
Length: 3 km
Time: 35 - 45 mins
Degree of Difficulty: Easy
Finish Point: Car Park
Trail Way Marking Colour: Orange

- P Páirceáil
Parking
- Leithris
Toilets
- Clós Súgartha
Playground
- Páirc Scátála
Skate Park
- Limistéar Cluichí Ilúisáide
Multi Use Games Area
- Crannlann
Arboretum
- Garraí Daingean
Walled Garden
- Séadchomhartha
Monument
- Limistéar nach gá lall a bheith ar Mhadraí
Dog off-leash area
- Móinéar Bláthanna Fiáine
Wild Flower Meadow
- Láthair Callaistéineach
Calisthenic Area
- Faichí Spóirt
Sports Pitches

Limistéar saor ó thobac
No Smoking Area

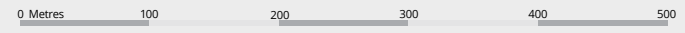
Rialacha na Páirce Park Rules












Millennium Park



Let wildlife stay wild!
 Don't feed wild animals and birds as this could make them sick and change their hunting/foraging behaviours.



-  Carrchlós
Car Park
-  Leithris
Toilets
-  Clós Súgartha
Playground
-  Móinéar Bláthanna Fiáine
Wild Flower Meadow
-  Ardán Breathnóireachta
Viewing Platform
-  Gairdín Múrtha
Walled Garden
-  Séadchomhartha Fhéinics
Phoenix Monument
-  Lochán
Pond
-  Teampall
Temple



Siúlóid Fearann Páirce Parkland Trail

Ainm na Conaire: Siúlóid Fearann Páirce

Pointe Tosaithe na Conaire: Páirc

Fad: 2.25 chiliméadar

Am: 20 - 30 nóiméad

Leibhéal Deacrachta: Éasca

Críochphointe na Conaire: Páirc

Dath marcála ar Bhealach na Conaire: Dearg

Trail Name: Parkland Trail

Start Point: Park

Length: 2.25 km

Time: 20 - 30 mins

Degree of Difficulty: Easy

Finish Point: Park

Trail Way Marking Colour: Red

Siúlóid Cois Abhann Riverside Walk

Ainm na Conaire: Siúlóid Cois Abhann

Pointe Tosaithe na Conaire: Páirc

Fad: 2.2 chiliméadar

Am: 20 - 30 nóiméad

Leibhéal Deacrachta: Éasca

Críochphointe na Conaire: Páirc

Dath marcála ar Bhealach na Conaire: Gorm

Trail Name: Riverside Walk

Start Point: Park

Length: 2.2 km

Time: 20 - 30 mins

Degree of Difficulty: Easy

Finish Point: Park

Trail Way Marking Colour: Blue

0 Metres 100 200 300 400 500

Howth Cliff Walks



Lúb Chosán na hAille

Teann an cosán seo feadh Chuan Bhinn Éadair agus suas feadh na n-aillte. Bain taitnéas as na radhairc bainteach ar Reasáinín, Inis Mac Neasáin, Teach Solais Dhúin, Críofann agus ar na h-illmáid éan mura ar na h-aillte. Tabharfaidh an tsuílúid choirdach seo ar ais chug an trábhaléala le rí Chuan na hAille Uachtaráil.

Cliff Path Loop
This trail takes you along Howth Harbour and up along the sea cliffs. Enjoy the spectacular views of Lambay Island, Ireland's Eye, the Balley, Lighthouse and the many seabirds on the cliffs. This circular walk returns to the village via the Upper Cliff Path.

Ainm na Coisre: Lúb Chosán na hAille
Pointe Tosaithe na Coisre: Stáisiún Traenach
Fad: 6 ciliméadar
Am: 1.5 – 2 uair an chloig
Leibhéal Deacrachta: Measartha
Méadair an Dreaphtha: 130 m
Críochphointe na Coisre: Stáisiún Traenach
Dath marcála ar Bhealach na Coisre: Glas

Trail Name: Cliff Path
Start Point: Train Station
Length: 6 km
Time: 1.5 - 2 hours
Degree of Difficulty: Moderate
Metres Climb: 130 m
Finish Point: Train Station
Trail Way Marking Colour: Green



Lúb Thrambhealagh

Teann an cosán seo feadh Chuan Bhinn Éadair agus suas feadh na n-aillte. Ag an barr, leanann an cosán bealach stairiúil an tsamramhbhealagh agus ar ais chug an trábhaléala le radhairc bainteach ar Inis Mac Neasáin agus ar an gcósta.

Tramline Loop
This trail takes you along Howth Harbour and up along the sea cliffs. At the summit, the trail traces the historical route of the old tramline back into the village with great views of Ireland's Eye and the harbour.

Ainm na Coisre: Lúb Thrambhealagh
Pointe Tosaithe na Coisre: Stáisiún Traenach
Fad: 7 ciliméadar
Am: 1.5 – 2 uair an chloig
Leibhéal Deacrachta: Measartha
Méadair an Dreaphtha: 130 m
Críochphointe na Coisre: Stáisiún Traenach
Dath marcála ar Bhealach na Coisre: Gorm

Trail Name: Tramline Loop
Start Point: Train Station
Length: 7 km
Time: 1.5 - 2 hours
Degree of Difficulty: Moderate
Metres Climb: 130 m
Finish Point: Train Station
Trail Way Marking Colour: Blue



Lúb Linn Dubh

Teann an cosán seo feadh Chuan Bhinn Éadair agus suas feadh na n-aillte. Ag an barr, teann an cosán isteach an gósta thar Bhinn Éadair, arís a bhfeidhíú le radhairc bainteach ar dhósa Bhaile Átha Cliath agus ar na cnoc faoi bharr Fraoch sula dtuair aghaidh ar an trábhaléala arís.

Black Linn Loop
This trail takes you along Howth Harbour and up along the sea cliffs. At the summit, the trail brings you inland over the Howth Head where you can enjoy some amazing views of the Dublin coastline and weather covered hills before returning to the village.

Ainm na Coisre: Lúb Linn Dubh
Pointe Tosaithe na Coisre: Stáisiún Traenach
Fad: 8 ciliméadar
Am: 2 – 2.5 uair an chloig
Leibhéal Deacrachta: Measartha
Méadair an Dreaphtha: 160 m
Críochphointe na Coisre: Stáisiún Traenach
Dath marcála ar Bhealach na Coisre: Dearg

Trail Name: Black Linn Loop
Start Point: Train Station
Length: 8 km
Time: 2 - 2.5 hours
Degree of Difficulty: Moderate
Metres Climb: 160 m
Finish Point: Train Station
Trail Way Marking Colour: Red



Lúb Phortach na bhFroganna

Leanann an bealach ciorclach diabhach seo cosán an chósta feadh na n-aillte timpeall na feithíní sula dtuair aghaidh arís ar an trábhaléala trí chnóc agus choilleannaí faoi bharr Fraoch. Tá radhairc bainteach an mbéalach seo ar Chuan Bhaile Átha Cliath, ar an gósta agus ar Chéimín Chhill Fhionntain.

Bog of the Frogs Loop
This challenging circular route follows the coastal path along the sea cliffs around the peninsula before heading back towards the village over heather and woodland covered hills. This route offers spectacular views of Dublin City, the coastline and the Wicklow mountains.

Ainm na Coisre: Lúb Phortach na bhFroganna
Pointe Tosaithe na Coisre: Stáisiún Traenach
Fad: 12 ciliméadar
Am: 2.5 - 3 uair an chloig
Leibhéal Deacrachta: Deacair
Méadair an Dreaphtha: 240 m
Críochphointe na Coisre: Stáisiún Traenach
Dath marcála ar Bhealach na Coisre: Corca

Trail Name: Bog of the Frogs Loop
Start Point: Train Station
Length: 12 km
Time: 2.5 - 3 hours
Degree of Difficulty: Hard
Metres Climb: 240 m
Finish Point: Train Station
Trail Way Marking Colour: Purple

Some trails and habitats are better suited to welcome dogs than others. Avoid disappointment, and check that your dog is allowed at the park or trail that you plan to visit before you go.

By sticking to established trails and pathways, we reduce erosion and prevent damage to fragile vegetation. If you're stepping off the trail, look for durable ground to stand, play or sit on.

Fáilte go Binn Éadair. Tá ceithre shiúlúid le comharthaí bealaigh timpeall Chnoc Bhinn Éadair a thugann radhairc iontach ar Chuan Bhaile Átha Cliath agus ar an gcósta. Is féidir bád farantóireachta go hInis Mac Neasáin a fháil ón gCé Thiar.

Welcome to Howth. There are four way-marked walks around the Hill of Howth that offer spectacular views of Dublin Bay and the coast. Ireland's Eye is accessible by ferry from the West Pier.

Séanadh Disclaimer

An tAcht um Dhliteanas Aititheoirí 1995
Is mairbh phríobháideach iad na cosáin seo agus is iad Coiste Bainistíochta SAO Bhinn Éadair agus Comhairle Contae Fhine Gall a dhéanann comharthaí orthu. TÁBHUIR AR ANND leis seo de réir Art 5(2) den Acht um Dhliteanas Aititheoirí, 1995, go ndéanann úinéirí talún, Coiste Bainistíochta SAO Bhinn Éadair agus Comhairle Contae Fhine Gall, a ndéanann leith cuairteoirí faoi Art 3 den Acht thuasluaite a easaí, indáil le doibhail do chuarceoirí nó damáiste do rannair mar gheall ar chiontáir a bheadh ar chosáin nó ar thailte.

Occupier's Liability Act, 1995
These pedestrian paths are private property and are maintained by Howth SAO Management Committee and Fingal County Council. TAKE NOTE that the land owners, Howth SAO Management Committee and Fingal County Council, in accordance with Section 5(2) of the Occupier's Liability Act, 1995, hereby excludes the duty of care which it owes to visitors under Section 3 of the said act, in respect of injury or damage caused to visitors and their property by reason of any danger existing on the paths and lands.

Fógara Sábháilteachta Safety Notice

Tá áiteanna feadh na gCosán Aille atá ard agus géar agus nach bhfuil feithíní do leanaí oga ná do dhósa a bhfuil malachar gluaiseachta orthu.
The Cliff Paths are high and steep in places, and are not suitable for small children or people whose mobility is impaired.

Tá go leor cosán ag dul trasa talamh atá faoi úinéireacht phríobháideach. Fan leis na cosáin a bhfuil comharthaí leat.
Many paths cross privately owned land. Please keep to the way-marked paths.

Cinntigh sula dtosáilom tu go bhfuil an bealach atá roghnaithe agat feithínach.
Please check that the route you choose is suitable for you before commencing.

Tabhair ar aird nár cheart dul ar chosáin alle má bhíonn gaorth láidir nó drochamair ann.
Please note cliff paths should not be used during high winds or bad weather conditions.

Ba chóir a bheith círamach i gdnair ar chosáin aille.
Walkers should exercise caution at all times on the cliff paths.

Cód Na Tuaithe Countryside Code

Is baol d'écólaíocht na háite agus d'úinéirí na maíne atá ag síneadh leis iad dósa a tharláim de thimpiste. Ba chóir dósa a thuariscú.
Accidental fires are a threat to the ecology of the area and adjoining property owners. Fires should be reported.

Tabhair do chuid brúscar abhaile leat.
Please take your litter home.

Do chosáin amháin na cosáin. Níor cheart do lucht rothar ná capall na cosáin a idáil.
The footpath system is designed for pedestrian use only. Cyclists or horse riders should not use the paths.

Uimhir Na Seirbhíse Éigeandála Emergency Services Number

Glaigh ar 999 nó ar 112 chun teacht ar na Seirbhíse Éigeandála. Dial 999 or 112 and ask for the Emergency Service you require.

Sonraí Teagmhála na heagraíochta um bhainistíú cosáin
Contact details of trail management organisation

Comhairle Contae Fhine Gall – 01 8900500
Fingal County Council
Howth.trails@fingal.ie
howmala@parco@fingal.ie

Oiriúnacht	Leibhéal Deacrachta	Degree of Difficulty	Suitability
Oiriúnach do dhósa le leibhéal measartha aclaíochta. Bainteach do dhósaigh ar an talamh. Mhothair d'airt coibhearth agus adáil súilíochta a chaitheamh.	Measartha	Moderate	Generally suitable for people with a moderate level of fitness. The route will have some rough underfoot conditions. Hiking footwear and clothing recommended.
Oiriúnach do dhósa le hard-leibhéal aclaíochta. Beidh drochbhógh ar an talamh. Teastair uair coibhearth agus adáil súilíochta a chaitheamh.	Deacair	Hard	Generally suitable for people with a high level of fitness. The route will have rough underfoot conditions. Hiking footwear and clothing required.

Fingal Parks & Trails Challenge is brought to you by

