Malahide Library Events for February 2020 Contact us at (01) 8704430 / 31

Email: malahidelibrary@fingal.ie

Fingal Libraries Facebook: http://bit.ly/2adf2kP Fingal Libraries Twitter: http://bit.ly/1DG3MUE

SPECIAL EVENTS

Sensory Slime Workshop with Aoife Munn

takes place on Friday 7th February from 3.00 – 4.00pm.

This is a sensory-friendly workshop for children to feel the texture of different types of slime. From marshmallow to stretch slime, we have it all. You can even take some home! Suitable for children aged 6 years upwards, accompanied by an adult. Places are limited. If you would like to attend, please book by calling (01) 8704430 / 31 or by emailing malahidelibrary@fingal.ie.

The evening film club will have a Library Movie Night screening on Tuesday 11th February at 5.30pm. For further details, please contact Alan at alan.dunne@fingal.ie

A Sensory-friendly Bricks 4 Kidz Lego workshop

takes place on the morning of Saturday 15th February. Suitable for children aged 7 – 12 years. Places are limited. If you would like to attend, please book by calling (01) 8704430 / 31 or by emailing malahidelibrary@fingal.ie.

Sensory-friendly Drumming

with David Day of *Jabba Jabba Jembe* takes place from 4.00 – 5.00pm on Wednesday 19th February.

This interactive, sensory-friendly drum circle is guaranteed to be fun for all the family. Jabba Jabba Jembe are well known for their high energy performances and workshops. Suitable for all ages. Parents are more than welcome to join in!

Places are limited. If you would like to attend, please book by calling (01) 8704430 / 31 or by emailing malahidelibrary@fingal.ie.

Making My Mind My Best Friend

a talk by Maureen Ryan and facilitated by Brahma Kumaris will take place on the afternoon of Saturday 22^{nd} February from 2.15 - 3.45pm.

Learn about positive change through self awareness:

Letting go of fear and loneliness;

Self-Acceptance;

Developing a positive mental attitude;

From overwhelm to inner calm:

Simple meditation techniques.

Maureen Ryan is a Transformational Coach and experienced Facilitator in Self-Management Skills. She brings clarity, depth and humour to the seminars she facilitates. Maureen has been practicing and teaching meditation with the Brahma Kumaris for twenty years. She is committed to creating a deeper sense of inner peace and contentment through self-understanding and self-awareness.

Places are limited. If you would like to attend, please book by calling (01) 8704430 / 31 or by emailing malahidelibrary@fingal.ie.

Fingal Volunteer Centre

will be in the library on the morning of Tuesday 25th February from 10.00 – 11.00am. Thinking of volunteering? Fingal Volunteer Centre is your starting point! Come along to talk to their staff. It is necessary to make an appointment – just call 01 899 1921 or email chiara@volunteerfingal.ie

Handling Anxiety in Children & Teenagers (Healthy Ireland)

a talk by Stella O'Malley will take place on the evening of Wednesday 26th February. Anxiety is the most common mental health issue in Ireland today, not only that, but anxiety is often contagious and so anxiety can infect the whole family. Anxiety is often described as an over-estimation of the danger and an under-estimation of your ability to cope. This talk provides helpful tips and strategies for parents to teach their perspective and help their children feel more able to cope.

Places are limited. If you would like to attend, please book by calling (01) 8704430 / 31 or by emailing malahidelibrary@fingal.ie.

Trust me, I'm an engineer" - Taking Minecraft to the Redstone Level (Engineers Week)

For children aged 9-12 years takes place on the afternoon of Saturday 29^{th} February from 2.30-4.00 pm.

Automatic doors? Lamps you can switch on and off from far away? Making things explode with TNT cannons, maybe? Learn how to create simple and not-so-simple mechanisms with Redstone, the Minecraft equivalent of electricity, and become a Minecraft Engineer! Some previous experience with Minecraft (on any platform) is an advantage. Places are limited. If you would like to attend, please book by calling (01) 8704430 / 31 or by emailing malahidelibrary@fingal.ie.

EXHIBITIONS

An exhibition entitled **Performaphilia** by *Aine Phillips* will be on display in the library from Saturday 26th January – Saturday 29th February.

This exhibition is funded by Fingal Arts Office. The opening of the exhibition took place at 3.00pm on Saturday 25th January.

Performaphilia presents a series of new watercolour paintings by Malahide born artist Áine Phillips. Áine is well known in Ireland and abroad as an artist who makes performances live and to camera.

Aine Phillips is one of Ireland's leading performance artists. She presents multi-media performance works internationally since the late 80's and creates work for diverse contexts; public art commissions and communities, the street, club events, theatres and gallery/museum exhibitions. Her work has been shown across five continents, in places such as Tokyo, Ljubljana, New York, Uganda, Brisbane, giving talks on her work at Tate Britain and IMMA. She curates performance art events in Ireland and the UK. Phillips is the Head of Sculpture at Burren College of Art and lectures at the O'Donoghue Centre for Drama, Theatre and Performance NUI Galway. She is the editor of 'Performance Art in Ireland: A History', published by the Live Art Development Agency and Intellect Books UK in 2015.



REGULAR EVENTS

Quiet Time (part of our Sensory Friendly programme)

takes place on Wednesday Evenings from 6.30pm – 7.30pm. All are welcome.

Ciorcal Comhrá / Conversation Groups

The *French Conversation Group* meets on Mondays afternoons at 4.30pm. Conversation only - a reasonable level of fluency required;

The *German Conversation Group* meets on Mondays evenings at 6.30pm. All levels are welcome;

The *Irish Conversation Group* meets on Thursday mornings at 11.30am. Practice speaking Irish in an informal setting. New members are welcome;

The *Spanish Conversation Group* meets on Thursday evenings at 6.30pm. New members are welcome, especially Spanish speakers.

The Scrabble Club

meets on Tuesdays from 11.00am – 12.00 noon. All are welcome.

The Chess Club

for those aged 7-12 years meet every Wednesday from 3.00 -4.00pm. New members are always welcome.

The Malahide Active Retirement Group (MARA) Art Group

will meet on Mondays 3rd, 10th, 17th and 24th February from 2.30 – 4.30pm.

Film Clubs

The *afternoon film club* will meet on the afternoon of Tuesday 4th February at 3.45pm. *The evening film club* will meet on the evening of Tuesday 25th February at 6.30pm.

Community Games Chess

meet on Wednesdays 5th and 12th February from 4.00 -6.00pm.

The Creative Writers Group will meet on the evening of Wednesday 5th February.

Multilingual Storytelling for Babies and Toddlers

takes place every Thursday morning from 10.00 - 11.00am. All are welcome to come along.

The Hungarian School

meet on the mornings of Saturdays 8^{th} , 22^{nd} and 29^{th} February from 10.00am - 12.30pm. They will meet on the morning of Saturday 15^{th} February from 11.15am - 12.45pm.

Malahide Active Retirement Group (MARA)

will meet on Monday 10th February from 10.00am – 1.00pm

The Conversation Salon

will meet on the afternoon of Thursday 20th February at 3.00pm. Conversation Salons are relaxed, informal, café style gatherings that invite a wide variety of people to engage in uplifting and enriching conversations on a range of different topics. A number of **Book Clubs** regularly meet in the library:

Mary's Book Club meets on the evening of Tuesday 4th February; Mary Farrell's Village Book Club meets on the evening of Wednesday 12th February; Margaret's Book Club meets on the afternoon of Thursday 13th February; The Murder Mystery Book Club meets on the evening of Wednesday 19th February; Maura's Book Club meets on the evening of Thursday 27th February.