

Malahide Library Events for December 2019

Contact us at (01) 8704430 / 31

Email: malahidelibrary@fingal.ie

Fingal Libraries Facebook: <http://bit.ly/2adf2kP>

Fingal Libraries Twitter: <http://bit.ly/1DG3MUE>

An bhfuil Strus agus imní ag Rialú do Shaoil?

Is Stress & Anxiety Controlling your Life? – a talk by Maureen Ryan

takes place on Saturday 7th December from 2.00 – 3.30pm.

This talk will provide you with tools to help you: identify triggers; communicate effectively; understand thoughts and emotions; manage anxiety, and be more decisive. Attendees will also learn about relaxation & calming techniques.

Maureen Ryan is a transformational coach and experienced facilitator in self management skills. She brings clarity, depth and humor to the seminars she facilitates. Maureen has been practicing and teaching meditation with the Brahma Kumaris for twenty years. She is committed to creating a deeper sense of inner peace and contentment through self-understanding and self-awareness.

Places are limited. If you would like to attend, please book by calling (01) 8704430 / 31 or by emailing malahidelibrary@fingal.ie

Feilt Ornáidí Crann Nollag

Felt Christmas Tree Ornaments with Susan Boyle

takes place on Tuesday 10th December from 3.30 – 4.30pm.

In this workshop, children will design and decorate unique felt Christmas tree decorations.

The workshops required cutting and fine motor skills and so is suitable for ages 8 years upwards.

Places are limited. If you would like to attend, please book by calling (01) 8704430 / 31 or by emailing malahidelibrary@fingal.ie



Gymboree Súgradh agus Ceol

Gymboree Play & Music – A Christmas Sensory-Friendly Session

with Jenny takes place on Monday 23rd December from 11.00 am – 12.00 pm. Come along and join in the festive fun with Gymboree Play & Music this December. Gymboree Play & Music are the world leader in developmental classes for children ages 0-7yrs. This December we are bringing our sensory friendly festive Music classes to your local library. Classes will include singing and dancing, tactile fun, bubbles and parachute and Oodles of Christmas cheer!! Suitable for ages 6 months - 5 years.

www.playandmusic.ie

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Taispeántais / Exhibitions

Grúpa Ealaíne St. Sylvesters

St. Sylvesters Art Group

will have their art work on display from Saturday 30th November – Saturday 14th December.

An Grúpa Ealaíne Meánach Measctha

The Mixed Mediums Art Group

will display an exhibition of their paintings in Malahide Library from Monday 16th December – Saturday 4th January.

Imeachtaí Rialta / Regular Events

Ciorcal Comhrá / Conversation Groups

The *French Conversation Group* meets on Mondays afternoons at 4.30pm.
Conversation only - a reasonable level of fluency is required;

The *German Conversation Group* meets on Mondays evenings at 6.30pm. All levels are welcome;

The *Irish Conversation Group* meets on Thursday mornings at 11.30am. Practice speaking Irish in an informal setting. New members are welcome;

The *Spanish Conversation Group* meets on Thursday evenings at 6.30pm. New members are welcome, especially Spanish speakers.

An Club Scrabble / The Scrabble Club

meets on Tuesdays from 11.00am – 12.00 noon. All are welcome.

Fichille Sóisearach / The Chess Club

for those aged 7-12 years meet every Wednesday from 3.00 -4.00pm.
New members are always welcome.

Scoil na hUngáire / The Hungarian School

meet each Saturday morning from 10.00am – 12.30pm.

Grúpa Scoir Gníomhach Mhullach Íde / The Malahide Active Retirement Group (MARA) Art Group

meet on Monday afternoons from 2.30 – 4.30pm.

Clubanna Scannáin/ Film Clubs

The *afternoon film club* will meet on the afternoon of Tuesday 3rd December at 3.45pm.

Cear dlann Scríbhneoireacht Chruthaitheach / The Creative Writers

meet on the evening of Wednesday 4th December at 6.45pm.

Scéalaíocht Ilteangach do Leanáí

Multilingual Storytelling for Babies and Toddlers

takes place on Thursdays 5th, and 12th December, from 10.00 – 11.00am. All are welcome to come along.

Parlús Comhrá / The Conversation Salon

will meet on the afternoon of Thursday 19th December at 3.00pm.

Conversation Salons are relaxed, informal, café style gatherings that invite a wide variety of people to engage in uplifting and enriching conversations on a range of different topics.

Whether you're 19 or 90 years old, unemployed or a company CEO, a new member of your community or a long-time local, Conversation Salons bring together all different kinds of people at these friendly welcoming events where you meet new people and hear different opinions and ideas.