### Swords Library Events for October 2019

Email: <u>swordslibrary@fingal.ie</u> Contact us at (01) 8905894 / 5582

### Events for children

Children's Book Festival author visit from Rod Smith, Thursday 17th October, 3:30 – 4:30 PM.

#### Create your own Picture Book or Comic Strip with Rod Smith

Join Rod Smith, writer of 11 books for children with Poolbeg Press, as we explore the world of picture books and comics. Create your own picture book or comic strip with Rod on the day. All materials will be provided. Rod will have a copy of one of his own books for each child that takes part. Suitable for children aged 7 to 10.

## Creative Computing with Sabine McKenna, Saturday 19th October, 10:30 AM -12:00.

A Taste of Computer Coding: Create and code a simple game. With the online drag-and-drop coding platform Scratch, it is possible to learn how to create a simple game within 90 minutes. Come along and learn how! Laptops and mice provided, no previous knowledge necessary. Suitable for children aged 8 to 10.

#### Autism Friendly Library – Mindfulness, Thursday 24th October 6:00 – 7:00 PM.

This is a space for families to share mindfulness-based games and practices together. Children and adults explore how to nourish our happiness and to take good care of our suffering. We practice together with imagination, colouring and some gentle movement to offer a calm, fun space for us to be just who we are. It's a very flexible, welcoming space, with simple practices that all the family can share. Suitable for children aged 6-12 years and their families.

## Halloween story-time with Kitty K. Rhymes, Wednesday 30th October, 3:00-4:00 pm.

Join Kitty Rhymes for the Halloween adventures of Tavish the Traveling Tortoise and a fun recital of spooky poems! Suitable for children aged 4 to 11.

## **Events for Adults**

#### Alzheimer Society of Ireland, Tuesday, 8th October, 11:00-2:00 PM

As part of Healthy Ireland at Your Library, the Alzheimer Society of Ireland mobile information bus will be visiting another four libraries over the coming months, following on from the success of the previous visits earlier in the year. The service includes information to:

- Raise awareness about local ASI services and dementia
- Distribute leaflets to people passing by
- Invite people on-board to view information and resources
- Facilitate private one-to-one conversation on-board.

The Bus will be parked outside the library. All welcome! No appointment necessary.

# Healthy Ireland Decluttering, Thursday, 17<sup>th</sup> October 6:30 – 7:30 PM

Fiona Hall, psychotherapist and owner of Consciously Clearing decluttering service, explores the many benefits to our mental health from clearing out the past and refocusing our energies on what is truly important. This workshop provides practical advice on tips on how to successfully declutter.

## Fingal Volunteer Centre, Thursday 24<sup>th</sup> October, 3:30 – 5:00 PM.

Stop by any time between 3:30 and 5:00 to find out more about volunteering opportunities in Fingal.

### **Ongoing Events**

#### Club Leabhair Naíonán / Grúpa do Thuismitheoirí agus Naíonáin The Baby Book Club / Parent & Toddler Group Tuesday 22<sup>nd</sup> of October: 10:30am

This free event includes storytelling and fun activities for pre-schoolers.

#### Form in Poetry / Foirm san Fhilíocht

Tuesday 29th of October : 5.50pm to 7.50pm

This is a free Poetry workshop hosted by Poet, Máighréad Medbh.

Please book your place for the above events by contacting the library @ (01) 8905894 / 5582. All events are on a first-come first-served basis.

Tá Leabharlanna Fhine Gall ar na Meáin Shóisialta! Fingal Libraries are on Social Media!



Tabhair cuairt ar an leabharlann arlíne: <u>http://www.fingal.ie/fingallibraries</u>

Visit our Library page on http://www.fingal.ie/libraries