

Samhain/ November



Imeachtaí i *Leabharlann Ros Eo* **Samhain** 2019/

Library Events *Rush Library* **November** 2019

Gach Imeachtaí SAOR! /All Events are FREE!!

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Anxiety talk with Fiona Hall (Adult event)
Tuesday 5th November at 6.30pm – 7.30pm

Anxiety – How to Survive and Thrive

Whether it's the increasingly fast pace of life, our growing inability to switch off or the impact of social media on our mental health, more and more people are being affected by rising anxiety levels.

In her capacity as both a psychotherapist and de-clutterer, Fiona has seen a massive increase in the amount of people being held back by anxiety.

This workshop looks at identifying triggers, how to manage our thought processes and how to thrive at life whilst working through anxiety.

Places are limited so booking is required by return email or phone 8708414



E-services information sessions

Tuesday 12th November 11.00am – 12.00pm and 2.30pm – 3.30pm

Fingal Library eServices – Quick Guide

Fingal Libraries currently provide a selection of online services including eBooks/eAudiobooks, eMagazines, eComics, eNewspapers, eCourses, eLanguages and from December 2016 eMusic and art.



Watercolour Workshop (for adults) with Kate Walsh

Wednesday 13th November 5.45 – 7.45 pm

Kate Walsh welcomes you to her watercolour workshop for adults, where she teaches a few simple techniques that will transform your artwork. Beginner, intermediate and advanced artists welcome! All materials supplied

Places are limited so booking is required by return email or phone 8708414



Know your rights road show

Friday 15th November at 3pm

Fingal County Council Public Participation Network is planning to bring their 'know your rights road show' to selected library branches during Social Inclusion Week (11th to 15th November) to raise awareness of services and rights and entitlements.

This involves a one-hour presentation including a Q & A session.



Science Week: FAB LAB with the Nerve Centre

Saturday 16th November

First session: 11 am – 1 pm - for 8 -10 year olds

Second session: 2 – 4 pm - for 10 – 12 year olds

Fab Lab is a place where you can make (almost) anything. Using digital design and tools including Laser Cutters, Vinyl Cutters & 3D Printers, you can learn how to design and build a wide range of products and realise your own inventions. These workshops will introduce participants to the concepts of basic designing and making, using laser and vinyl cutting to help you make, customise and modify simple products. The Nerve centre can customise the content of the Fab Lab depending on the ages of children you want to advertise it to.

Places are limited so booking is required by return email or phone 8708414



Autism Friendly Sensory Slime Workshop with Aoife Munn

Wednesday 27th November 6.30 – 7.30 pm

Please note that this is a sensory event for children with ASD and their families/ siblings.

Your child is welcome to try out different types of slime and how they feel. From marshmallow clouds to stretch slime we have it all. You can even have a go at making some to take home. Suitable for children of all ages, accompanied by an adult.

Places are limited so booking is required by return email or phone 8708414

Regular clubs:



Grúpa Cuiteálaithe / Quilting Club

Our quilting group meets here
every Tuesday morning from 10.30am – 12.00pm.
Come along and see some fantastic work and share ideas.
New members are always welcome.



Club Scrabble / Scrabble Club

Scrabble club for adults: Every Tuesday at 6.30pm.
All are welcome, scrabble boards supplied.



Club Leabhar Leanbh / Baby Book Club

One morning a month – our new baby book club will continue on
Thursday 22nd of November at 10am.
Stories and fun with Éadaoin!



The *exhibition area* in Rush Library is available for groups or individual artists throughout the year. If you are interested in displaying your paintings, photography or artwork, please let us know. The space is available for two weeks at a time and a charge of €10 applies per week per exhibition. We have a room available for community use here also and would love to hear from anyone who would like to for example, set up a book club, a film club or organise a parent and toddler group. All such events in the library are free of charge and open to all.

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