



## Fingal Senior Citizens' Forum

### Your Voice, Your Say

*Meeting the needs  
of older people*



Comhairle Contae  
Fhine Gall  
Fingal County  
Council



### The Fingal Senior Citizens' Forum

The Fingal Senior Citizens' Forum is composed of representatives from organisations throughout Fingal. Our members include Active Retirement Groups, Senior Citizens Groups, Men's Sheds and U3A – life long learning groups. We meet once a month with the support of Fingal County Council.

#### Aims

Our aim is to represent the collective views of Fingal senior citizens and to influence and inform policy and planning countywide. Alongside Fingal County Council and the Fingal Age Friendly Alliance we are working to:

- **IMPROVE** the lives of older people in Fingal
- **INFLUENCE** decision makers and service providers
- Be a **VOICE** for older people
- Have an **INPUT** to decisions being made about older people
- Create countywide **LINKS** and **NETWORKS**
- Provide **EDUCATION, TRAINING** and **INFORMATION** to older people

Learning from each other's experience we aim to build a strong and unified Forum which will be a truly representative voice for older people in Fingal. It is '**Your Voice, Your Say**'.

For more information or to get involved contact your local representative or email [fingalseniorcitizensforum@gmail.com](mailto:fingalseniorcitizensforum@gmail.com)

Your local representative is: